



ENTAA Care

Ear, Nose & Throat, Asthma & Allergy
Audiology & Hearing Aid Center
Speech & Balance Center

Post-Operative Instructions for Insertion of Pressure Equalizing Tubes

1. The first week after tubes are inserted, cotton balls that are coated with Vaseline should be used to prevent water from entering the ear canals while bathing. To avoid getting water in the ear canals, tilt head back when rinsing hair. Your physician may recommend using ear protection for swimming. Earplugs, swim caps, or special headbands may be advised.
2. On the first post-op visit you will be instructed how to use silicone wax ear plugs. You can buy these in our offices or at any pharmacy.
3. You may be instructed by your physician to use eardrops after surgery. A small amount of drainage from the ear for 2-3 days after is normal. If the drainage persists and you have been instructed by your physician, you may start your drops.

**PLEASE DO NOT HESITATE TO CALL THE OFFICE IF YOU HAVE ANY
QUESTIONS OR PROBLEMS. 410-760-8840**